

## DREAM HILL ESTATES EDUCATION RESOURCE CENTER Curriculum

The educational ambitions of Dream Hill Estates, described in the 501(c)(3) application narrative description, can best be filled by a curriculum of classes that provides opportunities for inter-generational participation, or that address questions relevant to a specific group of residents. Ideally, the classes will be led by residents of Dream Hill Estates or by specialists known to those residents. The classes must not be forums for sales pitches. The DEERC committee will handle requests for classes.

At least one class should be offered each quarter. Popular classes may be repeated. Some skills classes might have several sessions, arranged by agreement among the participants. Currently, Mondays seem to be the default day to offer classes.

Until the Resource Center project is completed, neighbors might need to offer space in their homes for the classes; this space restriction may have implications for the kinds of classes that can be offered and the number of participants.

Residents will be surveyed to determine their needs (by means of the newsletter and other contact points). Meanwhile, the following classes might serve as samples and introductions to the educational programs.

### Inter-generational Classes

#### Teens Teaching Tech

Don't have a teenager to program your VCR? Need to set up a contact list on your cell phone? Hate your ringtone but don't know how to change it? This class pairs young tutors with adults who aren't very tech-savvy.

Social networking: Fear of Facebook? Teens will get you started.

#### Youth/Senior Gardening Classes

Experienced gardeners show young gardeners how to design deer-proof plantings, how to grow vegetables and fruits, or how to grow and arrange flowers.

#### Youth/Senior Pet Care

#### Youth/Senior Tinkering

Simple repairs for appliances, toys, and tools. People with broken things bring them, people who know how set up the toy hospital.

#### Environmental Health

Steps everyone can take, from recycling to water conservation

### Targeted Classes—Adult

Financial Health in Retirement

Exercise and Nutrition

Caregiver Health

Simple Tax Preparation

### Targeted Classes—Youth

Beginning Watercolor

Bring Your Own Band (and march in the parade!)

Beginning Guitar

Fire Safety (if the firefighters can help us)

### Non-Targeted Classes

Emergency Preparedness

CPR

Water Barrel Construction

Book Club (science fiction or detective fiction)

Conversational language groups

Basic Home Repair

Basics of Diamond Grading

Seasonal decorating

Glass Works

Public Speaking

## Suggested Schedule

January: Teens Teach Tech

February: Tomato Preparation. Calvin

March: Mondays in March (March 4, 11, 18, 25): Beginning Guitar. Taught by Roland in the Clubhouse. Those who have access to instrument should bring it.

April:

May: Financial Health: Protect yourself or your senior from fraud. Carlos?

June: Beginning Spanish: Mondays during the day (June 3, 10, 17, 24)

July: Bicycle Decoration. Show off during the parade!

August: Back to school safety (fire safety, bus schedules, bullies?) August 5 or August 12

September: Teens Teach Tech: Fear of Facebook-- not! Monday, Sept. 23

October: Book Club (adult)

November: Seasonal Decorating (Intergenerational)

December:

Suggestions for sessions at the coffees:

E mail services (or DENA website?)

Basic safety

Summer reading

Seasonal Decorating